



Ice & Mixed Climbing: Modern Technique (Mountaineers Outdoor Expert)

Will Gadd, Roger Chayer

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From one of the most prominent names in climbing today, a full-color, comprehensive guide to a sport experiencing a renaissance.

"Mixed climbing is my favorite discipline. It's the most fun because it has the fewest rules—sort of like professional wrestling compared to boxing." So says Will Gadd, as profiled in *Fifty Favorite Climbs*. Here the champion ice climber presents the same techniques and veteran wisdom he imparts to those who attend his annual clinics. These include: step-by-step instructions for the swing (ice axe), the kick (footwork), and putting it all together (tracking); how to "read" ice to select your line and follow it safely; and drytool techniques for mixed climbing. Training exercises and inspirational stories complete this seminal guide.

This is the seventh installment in The Mountaineers Outdoor Expert Series

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