



# **The Body Remembers Casebook: Unifying Methods and Models in the Treatment of Trauma and PTSD (Norton Professional Books (Paperback))**

*Babette Rothschild*

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**This is the first book of its kind to advocate utilizing and combining an assortment of trauma treatment models.**

Based on ideas put forward in the bestselling *The Body Remembers*, Babette Rothschild emphasizes the importance of tailoring every trauma therapy to the particular needs of each individual client. A breath of fresh air in the competitive 'mine is best' atmosphere currently so divisive in the field of trauma therapy, each varied and complex case (presented in a variety of writing styles: case reports, session-by-session narratives, single session transcripts) is approached with a combination of methods ranging from traditional psychodynamic and cognitive approaches and applications of attachment theory to innovative trauma methods including EMDR and Levine's SIBAM model.

Read on its own or in conjunction with *The Body Remembers*, clinicians from all disciplines will discover new strategies and gain insight into how to combine various treatment models for increased success with traumatized clients.

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