



Key Concepts in Sport and Exercise Research Methods (SAGE Key Concepts series)

Michael Atkinson

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"What a helpful book! This will be a 'friend ' to many undergraduate students looking for clarification."

- Helen Hazelwood, St Mary's University College

"This is a great book that really helps the students understand research and the complex processes that can often daunt even the most intelligent students."

- Phil Barter, Middlesex University

"Few can bring research methods to life like Mike Atkinson. His breadth of research interests and experience mean he can introduce you to all you need to know and inspire you to get down to doing some research yourself."

- Dominic Malcolm, Loughborough University

This book systematically demonstrates the significance and application of research methods in plain language. Written for students, it contains the core methodological concepts, practices and debates they need to understand and apply research methods within the field of sport and exercise. It provides a comprehensive panoramic introduction which will reassure and empower students.

Written by a leading academic and drawing on years of teaching experience, it includes carefully cross-referenced entries which critically engage with interdisciplinary themes and data. Each concept includes:

- clear definitions
- suggestions for further reading
- comprehensive examples
- practical applications

Pragmatic, lucid and concise the book will provide essential support to students in sports studies, sport

development, sport and exercise science, kinesiology and health.

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