



From Fortress to Freedom

Deborah L.W. Roszel

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From Fortress to Freedom encourages readers to engage in a relationship with God devoid of guilt or shame. In this book, Deborah Roszel recounts how she had long struggled to be good in the eyes of God and man. Responding to a childhood abuse incident, she had developed strict rules and high standards designed to protect her from harm. She effectively built a fortress around herself, a safe but increasingly restrictive haven. When God knew her heart was ready, He turned a friend's words into a powerful tool to demolish her fortress and show her that His plan for her involved more freedom than she had ever imagined. The freedom astonished her. She had not realized how much she had been controlled by fear, guilt, and shame in what she thought had been a life of faith. The joy of release left her almost speechless with wonder, but the Lord poured words into her to help her understand, resulting in healing for her and insight for others. Deborah wrote almost every morning for many weeks, and forty of these writings are collected here in From Fortress to Freedom. It is the author's prayer that this book will help lead readers to their own faith filled with freedom.

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