



# Primary Care Sleep Medicine (Current Clinical Practice)

*J. F. Pagel, S. R. Pandi-Perumal*

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The majority of patients that suffer from sleep disturbance receive their medical care in the primary care setting. Primary Care Sleep Medicine: A Practical Guide is a clinical text, oriented to the practicing primary care clinician. It provides a state-of-the-art, comprehensive overview of the diagnosis and treatment of sleep disorders and is endorsed by the American College of Chest Physicians (ACCP). This is the first published book to provide evidence-based practice recommendations using the practice parameters that were primarily developed by the American Academy of Sleep Medicine (AASM). Physicians interested in specializing in sleep disorders will find Primary Care Sleep Medicine: A Practical Guide to be an excellent text for board review. In addition, clinicians at any stage of their career will benefit immensely from the straightforward presentation of sleep disorders and their treatment in this timely and informative text.

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