



Your Premature Baby: The Complete Guide to Premie Care During That Crucial First Year

Robin Marantz Henig

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Foreword by Dr. Benjamin Spock

As the parent of a premie, you're probably wondering, what do all those tubes, monitors, and lights in the intensive care unit mean? What are the special medical problems I might face during these crucial first months? How can I talk to my premie? How will he or she respond? Can I breastfeed? Where can I find premie-size diapers and clothes?

In simple, honest terms, this book will answer *all* your questions during that important first year—from the very moment you give birth in the hospital until your baby blows out the candles on that first birthday cake.

Its special features include:

- an eight-page pictorial demonstrating premie care
- an illustrated story for young sisters and brothers about their premie sibling
- special growth charts for recording your premie's development
- a state-by-state listing of support groups offering counseling, advice, and reinforcement from other parents just like yourself
- . . . and much, much more.

An invaluable sourcebook, *Your Premature Baby* is the only guide you'll need to help you meet the special challenge of parenting a premie with confidence—and love.

“Offers comforting and practical advice for parents . . . highly recommended.”—*Library Journal*

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Lesley Dwyer:

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