



Hot Flashes and Cold Cream

Diann Hunt

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An eccentric best friend, a leaky Chihuahua, a teenager in trouble, and a workaholic husband with a gorgeous new colleague. Those are the ingredients for Diann Hunt's wise and funny story about growing...well, older...with grace.

Midlife isn't a crisis for Maggie Hayden until the day a former classmate fails to recognize her--and her world starts to spin out of control. With an empty nest, a body that's heading south (generating heat waves all the way), and a marital spark that seems to be sputtering, she knows she has to do something. But what? Exercise? Romantic dinners? Herbal supplements? A job? She tries them all, with mixed success-but nothing seems to squelch that underlying worry that her best days are behind her.

Can Maggie come to terms with her new life and learn to trust what she cannot see? Can she reclaim her marriage and find a new sense of purpose? Can she discover a miracle cure for the aging process?

Well, two out of three ain't bad!

And the fun of this particular journey is just the whipped cream on the double-shot mocha.

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