



Psychotherapy for Neuropsychological Challenges

A. S. Aniskiewicz

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This book is a unique and timely addition to the literature for it provides approaches for dealing with the cognitive and emotional consequences of common neurological diseases. There is growing awareness of the impact that psychological factors and the treatment of those factors have on the disease process itself. The attitude of mind and therapeutic strategies described in the book are informed by mindfulness-based acceptance and intervention approaches that are gaining increasing recognition. This work is the first to offer clinicians help with addressing the psychological aspects of severe neurological disorders.

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