



# Smallbore Rifle Shooting: A Practical Guide

*Christopher Fenning*

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## **Smallbore Rifle Shooting: A Practical Guide** Christopher Fenning

Smallbore Rifle Shooting is essential reading for those who are considering taking up the sport, and for those who already have some experience but wish to improve their skills and participate in competitions. It takes the reader forward from the point at which the very first shot is fired, introduces new levels of understanding and competence, provides useful advice, and answers many of the questions frequently asked by beginners. The key topics, which are examined in detail, include breathing, aiming, trigger control and 'follow through'. In addition, step-by-step guidance is presented on how to build a comfortable and stable prone position whilst wearing a jacket and sling. All through the book photographs, including pictures taken through the sights to show exactly what is being described, support the theory. The author also presents practice exercises that help demonstrate the different techniques. For people looking to progress beyond indoor practice shooting, there is an explanation of types of competition, how to enter events, as well as introduction to competing outdoors and learning how to anticipate the effect of the wind on a shot. Whilst other shooting books may focus on the detailed skills used by those who compete at an international level, this book offers guidance for those at the beginner to intermediate levels. Foreword by Nick Clark. Essential reading for all newcomers to the sport and offers guidance for novice up to intermediate levels. Other shooting books focus on detailed skills used by those who compete at international level. Key topics covered including breathing, aiming, trigger control and 'follow through' and step-by-step guidance to achieving a comfortable and stable prone position. Superbly illustrated with 129 colour photographs, some of these are pictures taken through the sights to show exactly what is being described. Christopher Fenning has been shooting for over fifteen years and is a qualified club instructor.

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