



Nurturing Emotional Literacy: A Practical for Teachers, Parents and those in the Caring Professions

Peter Sharp

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Nurturing Emotional Literacy helps people to recognise, understand, handle and appropriately express their emotions. How we manage our emotions and the positive impact that 'emotional literacy' can have on improving standards in schools has been overshadowed recently by the attention given to the three 'Rs'. This handbook seeks to redress this and looks at the importance of the fourth 'R' - Relationships.

The author offers advice, guidance and support to help people become more successful by managing their emotions effectively. Specific ideas for working with children, teachers, parents and carers, makes this book ideal for all concerned with developing 'the whole child'.

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