

Slow Love: How I Lost My Job, Put on My Pajamas, and Found Happiness

Dominique Browning



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Slow Love: How I Lost My Job, Put on My Pajamas, and Found Happiness Dominique Browning "In burnished, exquisite prose, Browning describes her feelings of being set adrift until she gradually transforms her helter-skelter days into a deliberate, contemplative way of life." -*The Boston Globe*

In late 2007, Dominique Browning, the editor-in-chief of Conde Nast's *House & Garden*, was informed that the magazine had folded-and she was out of a job. Suddenly divested of the income and sense of purpose that had driven her for most of her adult life, Browning panicked. But freed of the incessant pressure to multi-task and perform, she unexpectedly discovered a more meaningful way to live.

Browning's witty and thoughtful memoir has already touched a chord with reviewers and readers alike. While untold millions are feeling the stress of modern life, *Slow Love* eloquently reminds us to appreciate what we have-a timely message that we all need to hear.

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