

The Pyrenees: The High Pyrenees from the Cirque de Lescun to the Carlit Massif (Cicerone Mountain Guide)

Kev Reynolds

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A resource book covering the finest walks, treks and climbs in the High Pyrenees for 400km between France and Spain, from the Cirque de Lescun, on the edge of the Basque country in the west, to the Carlit massif and the Cerdagne to the east of Andorra. The book is divided into five regional chapters: the Western Valleys; Cirques and Canyons; the Central Pyrenees; Enchanted Mountains; and Andorra and the Eastern High Pyrenees. Intended as a resource book for those planning a range of mountain activities in the Pyrenees, the guide describes each area valley by valley, and provides information on access and accommodation, as well as recommended maps and guidebooks. Unlike a conventional walking book, detailed route descriptions are not included; the guide does, however, direct the reader to the finest walks, treks and climbs in the area and provide an outline of specially selected routes. An extensive introduction gives all the practical advice and information needed for planning a trip. It offers a background to the mountains and their exploration, and provides a snapshot of the range with sections that help the reader focus on specific areas of activity, and suggests where best to exercise that activity.



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