

U.S. Air Force Pocket Survival Handbook: The Portable and Essential Guide to Staying Alive

United States Air Force

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Designed for use in formal Air Force training, the *U.S. Air Force Pocket Survival Handbook* was written to help a pilot who finds him or herself in a hostile environment. This new edition will allow you to carry all the same information condensed in your back pocket. For the general reader, it offers a complete and comprehensive manual of outdoor survival techniques.

It includes expert advice on:

- · First aid for illness and injury
- Finding your way without a map
- Building a fire
- Finding food and water
- Using ropes and tying knots
- Mountain survival
- Concealment techniques
- Signaling for help
- Survival at sea
- Building shelters
- Animal tracking
- Predicting the weather
- And much more

By outlining specific survival threats found at sea, in the desert, in mountain terrain, and in arctic conditions, and offering techniques on surviving them, this book is invaluable to both the casual outdoorsman and the extreme sports enthusiast, as well as anyone looking for insight into the training tactics of the U.S. Air Force.



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