



Is This The One?: Simple Dates for Finding the Love of Your Life

Stephen Arterburn

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In *Is This the One?*, Steve Arterburn—an award-winning author and the founder and chairman of New Life Ministries, the largest faith-based broadcast counseling and treatment ministry—has created a "how to" plan for happier, stronger marriages. He contends that living in a "no regrets" relationship can be as simple following this spiritually solid and personally drawn plan before the first "I do" is even spoken.

Host of the number one Christian radio broadcast, *New Life Live!*, Arterburn draws a painfully personal portrait of the devastation divorce has on a family. Rather than aiming at marriages already in jeopardy, Arterburn focuses attention on the beginning of relationships—before the commitment, before the emotional investment, before the children. He prescribes three sets of ten carefully devised dates designed to help couples reveal their true colors and clarify whether or not they are a compatible match. This practical, personal, and positive plan can impact marriages—and ground the skyrocketing divorce rate—as no other book has.

Is This the One? is a must read for engaged or dating couples, happy singles, concerned parents, and anyone who wants to make better decisions about who to marry and who to leave behind.

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