



Seize the Day

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Seize the Day

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Seize the Day Mike Read

A fascinating romp through the life of a broadcasting legend, Mike Read's autobiography offers an exciting insight into his three decades in showbiz. From ventures in radio, television and music, to tales of sport, romance and the royals, Mike writes with candour and humour in equal measure, including tangential stories of famous friends, near-death experiences and extraordinary happenings along the way. Recounting his stints as a Radio One DJ on the Breakfast Show, a prime-time television presenter on Pop Quiz, a co-founder of The Guinness Book of British Hit Singles and a jungle star on I'm a Celebrity ... Get Me Out of Here!, this high-energy journey encapsulates all aspects of the celebrity's vast and varied career. Mike has seized every opportunity, whether in pop, poetry or politics, and continues to entertain audiences as a presenter on several major national radio networks. A story packed with scintillating anecdotes, witty observations, and nostalgic recollections, this is an autobiography that hits all the right notes.

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