



Stretch: The Unlikely Making of a Yoga Dude

Neal Pollack

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Stretch: The Unlikely Making of a Yoga Dude Neal Pollack

From Neal Pollack, acclaimed author of Alternadad and The Neal Pollack Anthology of American Literature, comes Stretch: The Unlikely Making of a Yoga Dude. Here is the hilarious but true account of an overweight, balding, skeptical guy who undergoes a miraculous transformation into a healthy, blissful, obsessively dedicated yoga fiend.<?xml:namespace prefix = o ns = "urn:schemas-microsoft-com:office:office" />



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