



# **Around the Table With the Catholic Foodie: Middle Eastern Cuisine**

*Jeff Young*

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Bring the Holy Land to Your Kitchen Table! The savory cuisine of the Holy Land will bring new flavor to your table and new meaning to your faith. Gather round and let the incomparable Catholic Foodie, Jeff Young, show you how to prepare delectable recipes, while he shares fascinating stories of food and faith in the Holy Land.

From family recipes at home... to recipes gathered from professional chefs in the Holy Land... to new *Holy-Land-inspired* dishes, **The Catholic Foodie** will show you how he cooks family-friendly meals in his kitchen and how you can cook these easy-to-follow recipes in your kitchen too.

You'll be encouraged & inspired to get back in the kitchen and to gather your family around the table.

+ 78 Easy-to-follow recipes, including additional explanations of ingredients and cooking methods that may be new to you.

+ Insights on faith, travel, pilgrimage, the Holy Land, food in the bible, and ways that we can grow in faith around the table.

+ Beautifully captured photographs of each recipe to give you an idea of what the final dish should look like.

+ Encouragement and inspiration for busy families to make family mealtime a place of real encounter.

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