



Metamorfosi (Saggi per l'anima) (Italian Edition)

Dorofatti Carlo

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Questo saggio introduce il lettore ad una disciplina personale basata sulla presenza a se stessi e alla realtà, attraverso pratiche rituali di centratura e di armonizzazione che possono essere adottate in quanto tali, rielaborate in forma soggettiva e altresì collocate nell'ambito di discipline e pratiche già adottate, sviluppando gli approcci e contenuti del cosiddetto "percorso endoterico". Le pratiche di ritualità quotidiana descritte sono contenute all'interno di uno scenario etico di motivazioni e prese di coscienza che permettono all'autore di indicare sbocchi esistenziali molto concreti, nonché scenari evolutivi - sul piano spirituale ma più propriamente psico-biologico del tutto nuovi e avvincenti. Quella che ci attende è una vera e propria metamorfosi che, se siamo consapevoli e pronti ad essere totali, ci permetterà di superare positivamente questo momento di grande cambiamento inevitabile e necessario, mettendoci nelle condizioni di determinare nuovi orizzonti di vita e di coscienza.

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