



Sanarte: el arte de sanarse uno mismo (Spanish Edition)

Álvaro Scaramelli

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Alvaro Scaramelli es reconocido en Chile como músico, cantante y compositor. Sus inquietudes espirituales y metafísicas se desarrollaron a partir de 1987, cuando comenzó un trabajo interno bajo diferentes maestros en distintas disciplinas, tanto orientales como occidentales. Entre 1995 y 2001, una serie de acontecimientos "desafortunados" desde el punto de vista de la opinión pública, marcaron su rumbo definitivo hacia la autosanación del alma, lo que lo llevó a aprender técnicas terapéuticas para aplicarlas en sí mismo y en los demás. En este libro vuelca toda su experiencia como director del centro de equilibrio energético Innerlife y como terapeuta diplomado en biomagnetismo medicinal, reiki, sonoterapia y análisis del aura.

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