



Coaching Youth Cricket: An Essential Guide for Coaches, Parents and Teachers

Luke Sellers

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Written by an experienced youth cricket coach, Coaching Youth Cricket is an essential guide for all coaches, parents and teachers. This one-stop practical resource will give a new coach everything they need to deliver fun, dynamic, player-centred practice sessions and guidance on how to run a team. Information is given on lots of practical games and drills, enabling coaches to run active and fun sessions for young players. The fundamental cricket skills are covered including batting, wicket-keeping and fielding to spin, seam and swing bowling. Advice is given on how to manage your team on match days and measures suggested for ensuring player safety. Coaches at all levels of the game will find material and ideas in this book helpful for them to formulate simple strategies to suit their level of player ability. It presents coaching theories in an uncomplicated and easy-to-understand manner and offers field-tested, age-specific information to help you learn how to communicate with players, parents, other coaches and officials. Illustrated with 97 colour images and 42 diagrams.

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