



Rugby Made Simple

Ann Waterhouse

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If you will be cheering on a rugby touch line this winter, mystified by the antics on the pitch, this is the book for you. Not only will it help to explain what is going on from the spectator s viewpoint it will also raise you several notches in your loved ones esteem.

After reading this book you will be able to talk knowledgeably about tries, conversions and scrums, and know the difference between a ruck and a maul. You might even enjoy the matches much more as a result.

The author, a mother who has spent many seasons at her sons playing fields, provides a complete guide to the intricacies of rugby for all those supporters to whom these predominantly male sports are a complete mystery. She also includes valuable advice on safety issues and dealing with injuries as well as the inevitable washing mountain.

This book is for all bemused supporters, male and female, who loyally turn out to cheer in all weathers.

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