



Cookin' Southern: Vegetarian Style (Healthy World Cuisine)

Ann Jackson

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For a taste of life in the south, this cookbook captures all the hominess of Southern cuisine with a dose of healthful eating in recipes that are vegetarian versions of standard favorites. Included are the sumptuous vegetable and fruit dishes and baked goods that have graced Southern tables for ages. Plus recipes handed down through generations showcasing other well loved combinations of favorite foods: tomatoes and green beans, biscuits and piping gravy, watermelon and pecan pies. You'll go back to a time and place where the pace is slow and friendly, close to the earth, and full of good food.

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