



The Matrix of the Mind: Object Relations and the Psychoanalytic Dialogue

Thomas H. Ogden

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This book is exciting, original, and above all accessible—a rare combination for a text which deals in depth with psychoanalytical theory. Non-analysts are frequently both baffled and alienated by the jargon and the complexity of works which extend psychoanalytical thinking, but Ogden is revealed in this book as an outstanding communicator as well as a major theoretician. The book's subtitle is a guide to the main focus of the work, which reinterprets the work of Melanie Klein, with its focus on phantasy, in relation to the biological determinants of perception and the meaning and organization of experience in the interpersonal setting of human growth and development. Ogden re-interprets Klein to illuminate Freudian instinct theory, using the contributions of Bion, Fairbairn, and particularly Winnicott—British object relations theorists—to clarify and extend aspects of their work and to move towards an impressive exposition of the way in which the human mind develops."

—**Pamela M. Ashurst**, *The British Journal of Psychiatry*

A Jason Aronson Book

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