



# Urbanization and Mental Health in Developing Countries


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This text attempts to document the extent and nature of mental health problems in rapidly growing Third World cities. A selection of the latest research results is presented alongside practical guidelines for undertaking such research. The policy implications for local service providers and public health agencies are also discussed. While the World Bank's 1993 "World Development Report: Investigating into Health" revealed the contribution that mental ill-health makes to developing countries' "burden of disease", this publication takes the reader a step further by illuminating the risk factors for, and responses to, such health problems.

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